

BISCA

5mg Enteric coated Tablet
U.S.P. Specs.
(Bisacodyl U.S.P.)

Composition:

Each enteric-coated tablet contains:
Bisacodyl U.S.P.5mg.
(Product complies U.S.P. specifications)

What is in this leaflet:

1. What Bisca Tablets are and what they are used for
2. What you need to know before you take Bisca Tablets
3. How to take Bisca Tablets
4. Possible side effects
5. How to store Bisca Tablets
6. Contents of the pack and other information.

Indications

What Bisca Tablets are and what they are used for

Bisca Tablets are used for the short-term relief of occasional constipation. Bisca Tablets contain bisacodyl and belong to a group of medicines known as stimulant laxatives, which increase bowel movements.

What is constipation?

- Constipation is an occasional problem for some people. For others, it may happen more often.
- It happens when the normal muscle actions in the bowel (large intestine) slow down. This can mean that material is not easily eliminated from the body. The cause of constipation is often not known. It can be associated with:
- Sudden change of diet
- A diet with not enough fiber
- Not drinking enough fluids
- Loss of tone of the bowel muscles in older people
- Pregnancy
- Medicines such as morphine or codeine
- Having to stay in bed for a long time
- Lack of exercise

It is recommended to use changes in diet and bulk forming medicines to control constipation before using this medicine.

These healthy tips are recommended to try to prevent constipation happening:

- Eat a balanced diet including fresh fruit and vegetables
- Drink enough water so that you do not become dehydrated
- Keep up your exercise and stay fit
- Make time to empty your bowels when your body tells you

Precautions

Do not take Bisacodyl Tablets if:

- You are allergic (hypersensitive) to bisacodyl or any of the other ingredients in the product
- You have severe dehydration
- You have a bowel condition called "ileus" (blockage in the intestine)
- You have a serious abdominal condition such as appendicitis
- You have severe abdominal pain with nausea and vomiting
- You have a blocked bowel (intestinal obstruction)
- You have inflammation of the bowel (small or large intestine)

Do not take this medicine if any of the above applies to you. Do not use in children under the age of 12 years. If you are not sure, talk to your pharmacist or doctor before taking this medicine.

Other medicines and Bisca Tablets

Tell your doctor or pharmacist if you are taking, have recently taken or might take other medicines.

This is because Bisacodyl Tablets can effect the way some other medicines work. Also, some other medicines can effect the way Bisacodyl Tablets work.

In particular, tell your doctor or pharmacist if you are taking :

- Water tablets (diuretics) such as bendroflumazide or furosimide.
- Steroid medicines such as prednisolone
- Other laxative medicines

If you are not sure if any of the above applies to you, talk to your pharmacist or doctor before taking Bisacodyl Tablets.

Pregnancy and breast feeding

Talk to your pharmacist or doctor before taking Bisacodyl Tablets if you are pregnant, planning to become pregnant or are breast feeding.

Driving and using machines

Some people may feel dizzy or faint while taking this medicine. If this happens to you, wait until these feelings go away before driving or using machines.

Bisca Tablets contains lactose and sucrose

The tablets contain a small amount of lactose and sucrose in each tablet. Patients with rare hereditary problems of fructose intolerance, glucose-galactose malabsorption or sucrose-isomaltase insufficiency should not take this medicine.

If you have an intolerance to some sugars, contact your doctor before taking this medicine.

How to take Bisca Tablets Dosage

Always take this medicine as described in this leaflet or as your doctor or pharmacist have told you.

Check with your pharmacist if you are not sure.

For constipation : Adults (including the elderly) and children over 12 years : 1 to 2 tablets at night.

- Swallow the tablet whole with water. The tablets should not be chewed or crushed.

- Milk, antacids or proton pump inhibitors (medicine which reduce stomach acid) should not be taken within one hour before or after taking Bisca Tablets. This is because they will stop the Bisca Tablets from working properly.

Length of treatment

These tablets should not be used every day for more than 5 days. If you need laxatives every day, then you should see your doctor to find the cause of your constipation. Overuse can be harmful.

If you take more Bisacodyl Tablets than you should

It may be harmful

- Take too many Bisacodyl Tablets or
- Take Bisacodyl Tablets for too long

This is because taking too many for too long may lead to :

- Imbalance of fluid and salts in the body. This can affect the tightness of muscles such as those in the bowel. It can also affect the salts in the blood.
- Low levels of potassium in the blood (called 'hypokalaemia'). This can make you tired, dizzy, make your muscles weak and cause an uneven heart-beat.
- Dehydration, making you thirsty, feel faints and giving you headaches. It can also mean you cannot pass enough urine.

If you take more of this medicine than you should, talk to a doctor or go to a hospital straight away.

Take the medicine pack with you; this is so the doctor knows what you have taken.

Side effects

Like all medicines, Bisacodyl Tablets can cause side effects, although not every body gets them. If you experience any of the following side effects, please stop taking the medicines and see your doctor straight away.

Rare side effects (affect less than 1 in 1000 people)

- Severe allergic reactions which may cause swelling of the face or throat difficulty in breathing or dizziness.
- If you have a severe allergic reaction, stop taking this medicine and see a doctor straight away.
- Colitis (inflammation of the large intestine which causes abdominal pain and diarrhoea).
- Dehydration.
- Allergic reactions which may cause a skin rash.
- Fainting.

Uncommon side effects (affect less than 1 in 1000 people)

- Blood in stools.
- Vomiting.
- Abdominal discomfort.
- Discomfort inside and around the back passage.
- Dizziness.

Common side effects (affect less than 1 in 1000 people)

- Abdominal cramps or pain.
- Diarrhoea.
- Nausea.

How Supplied:

Pack of 100 tablets in blisters.

Dosage : As directed by the physician.

Instructions : Store in a cool, dry place below 30°C.

Protect from heat, light and moisture.

Keep all medicines out of the reach of children.

بسکا ٹیبلٹس ۵ ملی گرام
(بسکا کوڈل) (یو۔ ایس۔ پی)

خوراک: ۱ تا ۲ گولی ہر رات کے مطابق استعمال کریں۔

ہدایت: 30 ڈگری سینٹی گریڈ سے کم درجہ حرارت پر رکھیں۔

دھوپ، گرمی اور نمی سے محفوظ رکھیں۔

تمام ادویات بچوں کی پہنچ سے دور رکھیں۔

Manufactured by :

Pharmedic Laboratories (Pvt) Limited.

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